



Redwings Rag

March 2016

www.redwingslax.com
facebook.com/redwingslax

WELCOME BACK!

Clubrooms

The season is almost into full swing now and we get the clubrooms back this Thursday.

2016 Confirmed Senior Coaches + Staff

Men's State League: Tony Watts (Head Coach), Tim Dickson (Assistant Coach)

Women's Div 1: Colleen O'Malley (Head Coach) Bob Bengner (Assistant Coach)

Men's Div 1: Tim Mildren (Head Coach)

Men's Div 2: Trevor Poland / Brett Gaspari (Co-Coaches)

Meet our new US Imports

Our US Imports, Garrett Augustyn, Brian Guilfoyle and Sean Smith have arrived and are settling in well. Be sure to introduce yourself to them when you get a chance. All three of them will be involved with junior coaching which is great news. Brian is co-coaching with Brody Yorston in our U15 boys, Sean will be coaching U11 boys and Garrett will be coaching our U17 boys team with Trevor Poland.

NEWS FROM OUR TEAMS

Men's State League (Mad March Tournament Rap-Up)

I just want to say that it was a great effort by everyone involved in the Mad March tournament on the weekend.

To put our great club in the position to potentially playoff for the 1 V 2 game with us only missing out on this by a 2 goal difference to Brighton shows that we are going in the right direction.

And then to be undermanned in the 3 v 4 playoff against a full Woodville side with everybody really feeling the efforts put in to the 6 games before this one and coming out with a win in a golden goal scenario was a truly fantastic effort by all.

But now the hard work starts towards the real stuff so I will see everyone on the track.

If you are injured you will be expected to be there also as we will be going through some of our set ups for the season in offence and defense.

Once again great JOB.

Tony Watts (State League Head Coach)



Senior Women's Team

Colleen O'Malley was appointed Senior Women's Coach with Bob Benger as an assistant coach. The committee has worked hard to get coaches this year. We have not had many women's coaches recently, so here is an opportunity to progress your skills. The committee is still looking at various options for seniors...

It is very important that if you are looking to play Senior Lacrosse for ETPLC now, in 2016 that you attend the Thursday evening sessions and discuss what you will like to happen.

The U18 Girls are being coached by Amber Michelle and are currently training on Monday nights at ETP, girls could help here also.

Please contact Bob Benger on 0416 261 888 or email robert.benger@bigpond.com,

or join the Redwings Women's Div 1 / U18 (Official) Facebook group -

<https://www.facebook.com/groups/703635766342925/>

Bob Benger (Women's Assistant Coach)

Men's Div 1

For those of you who are keen to play, training is essential for selection to the Div1 team. Please join the Div 1 Facebook group for more info and updates.

<https://www.facebook.com/groups/344914675702141/>

Men's Div 2

The club welcomes Brett Gaspari and Trevor Poland as Senior Men's Division 2 coaches for 2016.

For those of you who are keen to play please join the Div 2 Facebook group for more info and updates.

<https://www.facebook.com/groups/1424286084548899/>

The committee has decided this year, the Men's Div2 team will only go ahead provided we have a minimum of 10 committed players who will play the entire season. To show this commitment, we require full payment of subs. If you want this team to go ahead, **IT IS UP TO YOU TO MAKE IT HAPPEN!**

Visit our membership page to download a registration form and see all of the payment options (we now accept payment via credit card online):

<http://redwingslax.com/index.php?page=membership>

Juniors

Hi All, there has been some confusion with some Junior stuff so I am going to be doing an update on here for all grades.

U18 Girls are still short on players but we are working on possibilities for the girls Amber Michelle is coaching and the girls are currently training on Monday nights at ETP.

U17 Boys are merged with North Adelaide and West Torrens they are coached by Garrett Augustyn and Trevor Poland they have commenced trainings and will be training on Tuesday nights at ETP (AT THE MOMENT).



U15 Boys potentially have a full team of ETP players - I am looking at other alternatives if we can get the numbers they have commenced trainings on Tuesday and Thursday nights at ETP with Brody Yorston and Brian Guilfoyle as coaches and Stuart Yorston as manager.

U13 Boys I am very short on players I am looking at options for these boys at this stage I have teamed up the U15's coaches to allow the boys to train with them they are invited to train on Tuesday and Thursday nights from 5.30 at ETP - we have no coach for this grade at the moment (please ignore texts/emails that you may have gotten from North Adelaide these were sent in error).

U13 Girls have a coach in Tayla Matten we are short on girls for this grade but i am working to get this rectified please be assured that the girls will have a team to play in this year. Training hasnt commenced yet for this age group but Amber Michelle is happy to have the girls join in with the U18 girls if they are keen to get started (Tayla also plays in this team).

U11 Boys have a coach in Sean Smith and we have a full team.

U11 Girls have a coach in Misty Tarca and we also have a full team.

U8's we are short a couple of kids but hopefully we can get this across the line. Trevor Poland will be stepping in as interim coach until we can find someone dedicated to take on these future superstars.

Pembroke is being looked after by Lee Vickery who has been putting in some hard yards for the last year to develop this team. Please offer any assistance that you can to help with coaching clinics etc, because ETP needs this strong school connection to thrive and succeed in the future.

I sign this off asking for volunteers to help your club if you want this to succeed for your kids and future children we need more help.

Adele Poland (Junior Director)

EVENTS

Next Event

Come+Try and Junior/Senior Registration Day and Busy Bee – Saturday April 2

BUSY BEE JOBS:

- Fields to be marked out
- Flags and photos to be put up
- Clean out the shed
- Goals to be strung
- Cabinets to be emptied out
- Want to get a skip to throw things out

Contact Chad for more info.

SENIOR REGISTRATION DAY:

Come down to the club at any time after 10am and fill out your registration forms and pay your fees (or get started on a payment plan). If you have time, please help out with the Busy Bee.



JUNIOR EVENTS ON AT THE CLUB THAT DAY:

Our Come + Try day starts at 10am and is aimed at encouraging new junior players to the club. If you can assist with this, please let the club know.

Junior Registration Day starts immediately after the Come + Try activities.

If you can help with any of these events, please contact Adele Poland on 0409 109 062.

2016 Proposed Events

April 2 - Come+Try and Junior/Senior Registration Day and Busy Bee

April 9 – Mexican Night

May - Mouse Cup

June – Bingo (Possibly Bogan Bingo)

July – Christmas in July / Progressive Dinner

August - Quiz night

Olympic Games Night

September - Presentation Night

See the flyers at the end of the Redwings Rag for more info, or see our events on Facebook:

<https://www.facebook.com/redwingslax/events>

FUNDRAISING

Community Lottery

As part of the East Torrens Payneham Lacrosse Club's "light tower" fundraising, we have registered for the People's Choice Community Lottery.

Tickets are only \$2 and 100% of the money we raise will go straight back into the club. There are loads of prizes to be won and an early bird draw on 12th April 2016. To be eligible for the early bird prizes please buy your \$2 ticket before 31st March. This year's online-exclusive early bird prize is a Hyundai Accent Auto valued at \$18,296. Ticket sales close on 31st August 2016.

We would appreciate your support by purchasing some tickets and sharing this link with your friends and family. Thank you for your ongoing support!

<https://www.peopleschoicecu.com.au/east-torrens-payneham-lacrosse-club/>

Entertainment Books

Entertainment Books can now be purchased online for both the book version and a digital membership. If you would like one of these, please go online and place your order through the ETPLC Fundraising page located here: <https://www.entertainmentbook.com.au/orderbooks/166u544>

20% of every order goes back into the club!

If you would like more information contact Scott Gill on 0412 072 806.



MEMBERSHIP

Membership Cards

If you intend to be a club member (social or playing), please let me know by March 27 to ensure your name is on the list for member card printing. Please note, membership cards will only be handed out once membership is fully-paid.

Memberships are now Open!

Get in early and support your club! We now have more payment options than ever, and you can even go on a payment plan. Please note that this year we are introducing a late fee - if you have not paid you're playing membership by June 1, you will be charged an extra 10%. 'No pay, no play' will be enforced to any players who have not paid by July 1.

For full pricing, membership form downloads and payment information, head to the membership page on the club website: <http://redwingslax.com/index.php?page=membership>

OTHER NEWS

Uniforms

If you have not returned your uniform from previous years, please do so as soon as possible! We need these back so that we can work out if any new ones need to be purchased.

Please return to Simon Gill – 0413898203.

Facebook

East Torrens Payneham uses Facebook as one of our main forms of communicating important information.

We have 2 pages, which both serve different purposes:

<https://www.facebook.com/groups/redwingslax/> - this is our main 'group', designed to be for members and players. You will need to request access to view information posted here.

<https://www.facebook.com/redwingslax/> - our public page. The purpose of this page is to provide information to potential new players or members, or public information that does not need to be private. Please 'like' this page to ensure you do not miss out on anything.



An update from Aidan Reynolds

Aidan has been kind enough to put together a report on his time in Canada. The great news is that he'll be back for a few months from May 6th.

It had always been a dream of mine to study abroad and play lacrosse for a university team, and in January of 2015 I was accepted into Bishop's University located in Sherbrooke, Quebec. The teams training camp began in mid-August and involved a three week training program with various days off. New faces quickly became friends and the team bonding strategies made me feel a little closer to home. The season started with back to back road trips in two weeks. We travelled to Trent University, Queens University, University of Ottawa and Carleton University. These first four games resulted in four straight wins. Our first two home games of the season resulted in another two wins to put us 6-0. The next weekend we played on homecoming weekend with a crowd of around 600 people but we ended up losing our first game 6-7 against McGill University, which has been undefeated for the past 2 years of the regular season.



The following week we travelled to McGill to face off again but were defeated 7-10. We had the next weekend free of games but instead of taking the weekend off we travelled to Boston, Massachusetts for a pickup game against UMass Lowell, a D1 Lacrosse school. We were unsuccessful against them but it was a great experience. We were also in Boston to compete in the North East Classic, which is a tournament of fall ball that spreads awareness for cancer. The two opponents that we played were St Rose (D2) and Holy Cross (D1), both games were lost but again a great experience to be a part of. Coming back from Boston only two home games against Carleton University and University of Ottawa remained before preparation for the finals began. These two games resulted in wins and gave us a final record of 10-2 for the regular season. In preparation for the finals we had another road trip to Norwich University, in Northfield Vermont. We played Norwich University, Castleton University and St Michaels College. All three games went well with 2 wins and 1 tie because there was no overtime in these games. The finals were hosted by our university this year, which gave us a fundraising opportunity and also a large home crowd. We played Guelph University in the first game and won with a thrilling goal in the last 3 seconds of play. We moved on to the semi-finals to verse Western University but unfortunately lost 12-17. Western went on to verse McGill and ended up losing 11-15. Which goes to show if we had been on our game, we could have gone all the way. The season is over now and preparation for the next season has begun with a lot of gym work. I looking forward to coming home on the 6th of May and playing for the club.



SPONSORS

2016 Sponsors

Please support our 2016 sponsors. More to be added soon!

If you know of a business who is interested in sponsorship, please pass on my contact details:

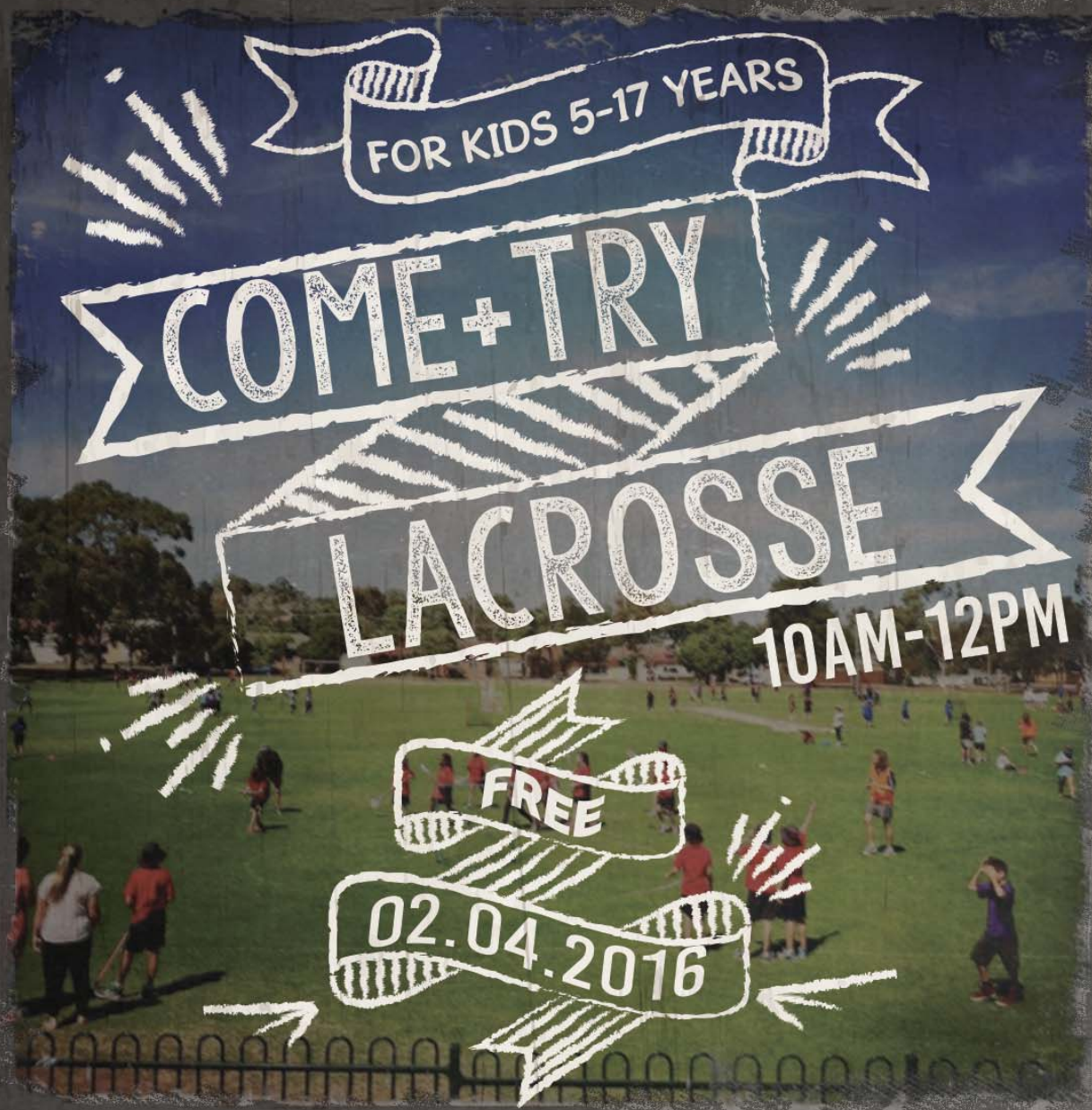
Simon Gill (Promotions Manager)

m: 0413 898 203

h: 08 7220 6055

e: promotions@redwingslax.com

A blue banner for Vincent Tarzia MP, Member for Hartley. On the left is the South Australian coat of arms. The text "Vincent Tarzia MP" is in large white font, with "Member for Hartley" below it. A photo of Vincent Tarzia is on the right. Below the photo is contact information: "Please don't hesitate to call my office for information on community grants, and other assistance we may provide." followed by "A: 25A Montacute Road, Campbelltown SA 5074 T: 8365 1341 F: 8365 3421 W: www.vincenttarzia.com.au E: hartley@parliament.sa.gov.au f [facebook.com/Tarzia4Hartley](https://www.facebook.com/Tarzia4Hartley) t @VincentTarzia". At the bottom left, it says "Authorised by V. Tarzia, 25A Montacute Road, Campbelltown 5074".



NO EXPERIENCE NECESSARY - BEGIN AT ANY AGE!

JOIN WITH A FRIEND - FAMILY FRIENDLY CLUB - EVERYONE WELCOME

WANT TO KNOW MORE ABOUT THIS EXCITING SPORT? COME ALONG, BRING A FRIEND OR TWO AND ENJOY THIS OUTDOOR SPORT FOR YOURSELF ! HAVE A GO AT CATCHING, THROWING AND SCORING GOALS.

OUR JUNIORS WILL BE THERE FOR YOU TO SEE THEM IN ACTION AND JOIN IN !

WHEN: SAT 2ND APRIL 2016 - COME ALONG BETWEEN 10AM-12PM

**WHERE: EAST TORRENS PAYNEHAM LACROSSE CLUB
20 TURNER ST, FELIXSTOW (NEAR THE PAYNEHAM POOL)**

WHO: BOYS AND GIRLS, AGES 5 TO 17

**BRING: SNEAKERS, HAT AND DRINK BOTTLE
ALL LACROSSE EQUIPMENT WILL BE SUPPLIED**

**FOR MORE INFORMATION PHONE ADELE ON 0408 109 062 OR RACHEL ON 0418 806 704
OR JOIN OUR EVENT AT [FACEBOOK.COM/REDWINGSLAX](https://www.facebook.com/redwingslax)**





2016 REDWINGS JUNIOR REGISTRATION

The East Torrens Lacrosse Club would like to invite all returning and aspiring Redwingers and their families to a fun and informative return to lacrosse to kick off junior practice for the 2016 season.

- Receive your welcome packs for the 2016 season and register
- Receive your loan equipment and uniform
- Meet your coaches and key club officials for 2016
- Have a catch and throw
- Basic canteen facilities will be available

WHEN: Saturday 2nd of April 2016, 12-2pm

WHERE: The East Torrens Payneham Lacrosse Club

WHO: All returning and aspiring Redwingers and their families

BRING: Your stick, water bottle

ENQUIRIES: If you have any questions about the event or the club please contact Adele Poland, 0409 109 062, juniors@redwingslax.com

ALSO ON THE SAME DAY AT THE CLUB:

10AM-12PM: Come + Try Lacrosse

10AM ONWARDS: Club busy-bee

10AM ONWARDS: Senior Registrations

We are a 
good
SPORTS
club

THE LATEST DETAILS AND INFORMATION WILL
BE POSTED ON OUR WEBSITE, LOCATED AT:
www.redwingslax.com

