THE RED WING FORAG



East Torrens Payneham Lacrosse Club

May 2007

Registration + Open Day 2007

All players, fmaily members and any interested friends are invited to attend our open day.

Come and register your interest in playing for the Redwings in season 2007. Please Join us at our clubrooms on turner st felixstow on the 14th of April.

A trial match against the State U19 Men's squad will be played at 10:30am, and a BBQ will be provided at a cost of \$2 each from 11:30am. Please fill out the attached 2007 membership & registration forms and return to the club as soon possible so we can update your details. Players and Coaches are reminded that no player shall be allowed to play until they have filled out a registration form.

All club members, please RSVP by 8th of April to Tom Vickery on 0412034044 or social@redwingslax. com, and for any junior enquiries contact Lee Vickery on 0411100492 or juniors@redwingslax.com

h: 83328093

h: 84313837

Training Sessions

Men's and Women's training returns this week to Tuesday and Thursday nights at ETP. Full use of the clubrooms will come the following week once we have changed over with the Baseball Club.

Women's Training Times:

Tues / Thursday: 6:00pm - 8:00pm

Men's Training Times:

Tues / Thursday: 6:30pm - 8:30pm

Under 17 Boy's:

Coaches 2007

Men's League: David Vickery (Head Coach) m: 0408187817

coach@redwingslax.com h: 82610955

Tony Hill (Assistant Coach)

Men's Reserves: TBA

Women's B Grade: John Hansford

John.Hansford@renold.com.au w: 83469077
Tonv Hill m: 0439081000

Boy's Under 17's: Tony Hill

tonyhill17@optusnet.com.au

Important Dates

Thursday, 5th April:

Schools Lightning Carnival @ ETP

Saturday, 14th April:

Registration & Open Day @ ETP

Saturday, 21st April:

Lacrosse SA Knockout Lacrosse @ ETP

Saturday, 28th April:

Men's League & Reserves: Round 1

Committee 2007

Mens Director:

President: Peter Vickery m: 0412924598

president@redwingslax.com w: 82049750 Chairman: Jem McGee m: 0402455572

chairman@redwingslax.com w: 83634744

Treasurer: Leona Grimes m: 0412332499 treasurer@redwingslax.com w: 82049750

Karen Portelli (Assistant) m: 0411297177

Secretary: Position Vacant

secretary@redwingslax.com

Glenn Steele m: 0431854798

mens@redwingslax.com Womens Director: Allan Hansford m: 0418302352

womens@redwingslax.com h: 82611174

Schools Liason Lee Vickery m: 0411100492

juniors@redwingslax.com

Junior Director Position Vacant

juniors@redwingslax.com

Social Director: Tom Vickery m: 0412034044

social@redwingslax.com h: 83655154

Promotions Director: Scott Gill m: 0412072806

promotions@redwingslax.com h: 81219344

Clubrooms & Grounds: Chad Lindner m: 0413511312

clubrooms@redwingslax.com h: 82610825

Positions Vacant 2007

Committee: Secretary

This position is vital to club management, and the club will suffer without the position filled.

Coach: Men's Reserves

Coach: Junior Teams

Please send applications to committee@redwingslax.com

or contact Peter Vickery on 82049750 (business hours) or 0412924598.

President's Report Peter Vickery

"Culture" is defined in the dictionary as the "ideas, customs and art of a particular society; the behaviours and beliefs characteristic of a particular social, ethnic, or age group"

It is the ideas, customs, behaviours and beliefs that I feel need to be questioned and in some instances changed at the East Torrens Payneham Lacrosse Club.

For too long as a club we have tolerated poor behaviour, both on and off the field. As a club we must no longer accept this. It is time people represented the club on and off the field with pride and passion. Look to North Adelaide Lacrosse Club as an example. In past years they have not had the talent other sides have had but they always play with great pride and passion for their club.

To go with this they have had the courage to weed out the people responsible for bad behaviour and now they are starting to reap the benefits. East Torrens must take the same approach.

If you don't have pride and passion for your club WHY are you here? A successful club has people who have pride in their club, train hard, show respect to coaches, team-mates and opposition, are prepared to help out around the club when required, and support club functions when held..

Along the way we have also tolerated those who fail to pay their subs. In the coming season we can no longer afford to tread the same path. In this rag you will find an article from our new Treasurer Ms Leona Grimes on the money required to run our club. It

should be mandatory reading for all members.

In the past some criticism of coach/ es and the committee has been detrimental to the club. This is not to say constructive criticism is not welcome. If you have an issue with the coach/es approach them and talk to them about it. If this does not resolve the issue, talk to the Chairman Jem McGee or myself.

The same applies to the running of the club. If you have an issue you are not happy with, please approach us and talk to us about it. We are more than happy to look at better ways of managing and running the club.

We all look forward to a promising and successful season.

Junior Report Lee Vickery

It's is that time again where the start of the Lacrosse season is coming quickly and we are making another big effort to promote Lacrosse. We have been out in the local schools working hard to present the game to as many new faces as possible and trying to recruit as many new players to the club as possible. To help us in this we also have a major schools carnival day coming. This day will see our grounds invaded by 500 children in the aim of a fun and memorable day of soft Lacrosse. The day is to be held on the 5th of April and begins at 9.30am. This is the clubs premier recruiting day and a great chance to present our selves to the local community. If any one can arrange some time to help in this day please contact me. Your help will be greatly appreciated.

On a different note our under 17's have begun training with the senior

group and are looking to be a very keen group this season. This is largely due to the keenness of one of the newer players Aiden Neville (now only in his second season) who has brought a large number of his school friends to this team and they accompany the more established players well. This group will be complimented by the exceptional teaching skills of their coach Tony Hill (previous Australian assistant and SA head coach) who has a lot of knowledge to offer this group. I believe they should be looking forward to a very competitive season. Good luck and keep up the hard work guys.

Also, congratulations to Todd Sommers-Cain for his selection in the super league team during the preseason. Todd is a big fit lad that is capable of being a scoring threat in most games. His skills have developed considerably in the past 2 seasons and look to continue improving. WELL DONE TODD.

Our junior registration day will be held at the club on Saturday the 14th of April from 11am. This day will be the first official training day for ALL junior teams and will be combined with a "COME N TRY" for the local area. Keep your eyes open for the flyer. All friends and family are invited and the day will involve a BBQ and parents Vs children match. We are also hoping to set up an exhibition match with the senior teams.

That is all from me for now. Look forward to seeing you all soon.
REMEMBER THE 5th of APRIL SCHOOLS CARNIVAL if you are able to spare any time. There is a wide variety of tasks to be done.

Warrior Super League Scott Gill

In 2007, a new concept has been developed and branded the 'Warrior Super League'. The purpose was to create an exciting pre-season competition of a high standard, while also providing involved clubs an opportunity to raise money through hosting a round of 'Super League'. The league consists of 4 teams: Sea Eagles (Glenelg/West Torrens) coached by Noel Speck; Northern Blue (North Adelaide/Sturt) coached by Tony Hill; Red Bears (ETP/Burns ide) coached by Mark Mangan; Western Jets (Woodville/Brighton) coached by Craig Jaeger.

The 3 minor rounds were held at North Adelaide, Sturt and Burnside, and saw the Western Jets go undefeated, while the Northern Blue and the Red Bears battled for second place, with Northern Blue coming out on top by 1 goal late in the game. The Sea Eagles have struggled in the competition, although have shown some very promising talent with a very young squad.

The Semi-Finals were held at Brighton and saw an absolute nail bitter between Northern Blue and the Red Bears. Northern Blue started off flawlessly, getting 9-0 up before the Red Bears got their first score midway through the second. The Red Bears slowing crawled back, taking advantage of the 2 point catch up rule (applied when a team is 3 or more points behind). A scoreless 3rd didnt help the Red Bears either, but an inspirational 4th quarter saw them equalise the game by full time. The Northern Blue coach (and ETP League assistant coach) Tony 'Hagar' Hill attributed to a 3 minute team unsportsmanlike penalty late in the 4th, which gave the Red Bears the upper hand when it came to Sudden Death to decide the match, where Glenn Steele scored the winning goal, ending the game 15-14.

In the second semi-final, the Western Jets were too strong for the Sea Eagles, winning 22-16 and advancing to the Grand Final, where they met the Red Bears @ Woodville on Sunday 1st April at 1pm.

The Red Bears struggled to match the Western Jets in the first half, with only the 'catch up' rule keeping the Red Bears in the game. Both teams were missing key players due to U21 Australia commitments at the 2007 ASPAC's in New Zealand. The Red Bears stepped up the intensity in the 3rd quarter, but still only managed

to match the Western Jets on the scoreboard. The final quarter was clearly one of the finest by the Red Bears in all the 5 games of the Super League. Glenn Steele managed to get an extra 5 scores to his name, Tony Watts 3 scores, and Scott Petersen getting 2, to bring the Red Bears a total of 10 points in the 4th quarter, with the Western Jets only managing 5 points. The Western Jets spent the last 5 minutes of the game man due to the undiscipline actions of Michael Santi of Woodville securing the win for the Red Bears. The final score was 21-19 to the Red Bears.

Reports on the super-league so far have been quite positive, and next year will improve on the concept, with the possiblity of implementing a draft system rather than combined teams.

ETP has had 11 players selected to play in the Red Bears: Glenn Steele (5 games), Scott Gill (5), Tom Vickery (5), Scott Vickery (4), Trevor Poland (4), Scott Dawkins (3), Scott Petersen (3), Brett Langstreth (3), Lee Vickery (2), Todd Sommers-Cain (1), Nick Brown (1).

Results, Stats and Rules can be found at www.laxscene.com

Treasurers Report Leona Grimes \$43,000 +

Many people may not realize it but the club has struggled financially in the last couple of seasons and if it wasn't for the great support from volunteers raising extra funds we may have been unable to continue. In 2006 the general running of the club cost over \$43,000.00 and a substantial contribution from fund raising and special events was needed to meet the costs.

The fee to register our teams with Lacrosse SA last season was over \$7000.00 and it will be more this year as we will hopefully be registering more teams. The

disappointing fact is that the club is still owed approximately \$4,500.00 in outstanding fees and this situation makes it very difficult to pay the bills let alone buy much needed equipment.

Most players should have received letters by now, advising them of any outstanding amounts owed. If you owe subs for previous seasons, the committee has determined that until the fees are paid you will be ineligible to play. If you have an outstanding bar tab you will not receive any further credit until the debt is settled. You will find I am very approachable, so please don't hesitate to contact me

on **0421332499** if you experience any difficulty paying the amount.

It would be great to see more players and parents supporting the club by attending the social functions and participating in fundraising events.

2007 Subs have now been set and can be found in this newsletter. All subs need to be paid by 31/5/07. If no payment is received or no arrangement has been made by 1/6/07, a 10% penalty will apply. If the subs are not paid or no arrangement has been made by 30/6/07, a playing penalty will apply.

THE REST TORRENS PAYNEHAM LACROSSE CLUB

Men's League David Vickery

Welcome to the 2007 season. As you would now be aware Lynton has resigned from the League coaching position due to a change in job circumstances.

I was asked if I would take over from him and have accepted the position for the coming season.

Tony Hill the U/17 coach will be assisting me in the position.

I am hoping that season 2007 will be a year of change in the club. The last couple of seasons have not been as productive as they should have been for the club & I would like to start on a path to improve that.

The culture of the club in regard to training & playing needs a change. Those who have already attended training would be aware of this.

Intensity at training will be increased. We should be training at the same intensity as what we play.

There has already been a change in this area which has been assisted by the influx of some new U/17's who have lifted the club with their enthusiasm, pace, competitiveness & willingness to learn.

Intensity during games will need to change also. There will be a change in the pace of the game we play. I expect to value possession of the ball more than we have in the past. It goes without saying if we "have it" the opposition" haven't" & can't score.

I will be expecting a big improvement in "defensive capabilities" from all payers over the entire field & that will include pressure from the forwards when the opposition is clearing. Our midfield defence has been poor for a couple of years and needs a change of attitude to assist the close D & to allow our goalkeeper to do his own job & not have to cover for others.

I will also be expecting & demanding a change in discipline on the field to cut down penalties & time in the box.

Overall Tony & I will be looking to increase the pace of the game we play with a lift in scoring potential and a change in our defensive areas to limit opposition scoring chances.

This is why the pace of training has increased & pressure has been placed on players to improve their speed, fitness and reactions.

Finally, the trainings to date have been very good & if you know of anyone who is not training yet, get on to them & get them out to training.

Men's League Tony Hill (Assistant Coach)

Well another season has begun at ETP. Training has been up and running for quite awhile now and numbers growing each week with 26 players this Tuesday night (27/3)

With a strong contingent of senior players plus a talented group of U/17's at each session it promises to be a better season than the last couple but only time will tell. A few of the senior players are benefiting from playing in the Super League pre-season comp especially Glen, Trevor, Tom,

Scotty Gill, Scotty Petersen & Scotty Dawkins. Also 4-5 of the U/17's have been with the State Development squad training since before Xmas and have improved rapidly. We also welcome back Brett from the UK.

Once again we are now about 4 weeks away from season start so it's now time to be looking at a senior squad and separating numbers at sessions. Now that we are back at the club and getting used to the lights etc, we are starting to ask more of our players at

training and lifting it to an acceptable level both in fitness and skills.

It is obvious that this year will see many changes in our starting team with speed to burn from a couple of our U/17's putting pressure on spots. If you haven't started training may we drop a subtle hint to get your asses out there if you have any desire to play at League level. Our reserves team will benefit from this competition for spots.

Womens B Grade John Hansford

Great News....the 2007 Season is here.

As from Tuesday March 27th, training will be at the ETPLC grounds, Paterson Reserve, Felixstow & will continue through out the season on both Tuesday & Thursday nights, from 6.00pm to 8.00pm.

The season matches will commence

early May, 2007, where there will be an early(1.00pm) - late(2.30pm) game format through out the season. This will enable players to see the men's matches, when it was impossible last season in that after we had put all the equipment away & got back to the club, the game was over.

The team is desperately seeking a

"goal keeper", as Yasmin has advised she will be unavailable due to TAFE & work commitments.

If you know of anyone who is keen to play in the most responsible position of the team, please let me know.

Let's get out there & build on the great work of last season...

ASPAC New Zealand 2007

The Asia Pacific Lacrosse Tournament is currently being played in Auckland, New Zealand this week. The ASPAC's began in Adelaide in 2004 with teams from Japan, Korea, Hong Kong, USA West, and of course Australia. The 2nd ASPAC Tournament was held in 2005 in Osaka Japan and a U21 Australian side was sent over to compete. The tournament was not held in 06,

Membership 2007

 Seniors Men & Women
 \$220

 Under 17
 \$85

 Under 15
 \$55

 Under 13
 \$55

 Under 11
 \$35

1st Year Senior Player \$55

1st Year Junior Player \$25

Concession (Unemployed/Student) \$165
Family Fee Please contact me

to negotiate fee

Leona Grimes

Schools Lightning Carnival Lee Vickery

ETPLC Treasurer

ETPLC is holding a school based lightning carnival as this newsletter is being distributed, at the club on the 5th of April 2007. This day will see approximately 500 children converge upon our grounds for a fun day of Lacrosse action. The day is a great opportunity for us to showcase our great club to the local

community. There is always a large number of roles and tasks that need to be undertaken to run these events successfully. Next time such an event comes up, please do your best to make yourself available to help out, as the future of the club depends on getting new juniors.

Knockout Lacrosse 2007

ETPLC has been selected to host the 2007 Knockout lacrosse day. featuring over 20 teams in 6 a side modified rules mens and womens competitions. The Knockout day will be held on Saturday, April 21st and we are aiming to set up 4 70x40m fields, and outside bar and bbg, and attempts will be made to get a margee for the day. Those who played in the knockout day last year will tell you its a great day of lacrosse, and this year will be a fundraiser event for the SA airls who have been selected in the Under 19 Australian team, who will be competiting in Canada in August. This will also be a premier fundraising event for ETPLC in 2007, so we will need as much help as possible on the day to help out running the bars, the canteen, the bbg and setting up on the day. If you can help out on the day, please email me or contact me on 81219344 (business hours) or 0412072806 prior to the event and let me know how you can help.

Scott Gill
Promotions Director
promotions@redwingslax.com



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2007 REDWINGS 'BOATHOUSE' JACKETS \$140



BLACK FACEGUARD \$240Only 6 left!!!

(Sold Out)

To order Redwings Gear, contact Scott Gill on 81218344 (business hours) or 0412072806 or email: promotions@redwingslax.com - Gear will be on sale at the club and via the website soon.